

### 中醫美容證書課程

課程目標：讓學員掌握中醫及中藥的知識，並融合知識於美容學上。

課程內容大綱：

- 中醫基礎知識
- 中醫美容概念
- 常用美容中藥的認識
- 中藥面膜製作介紹
- 中醫藥膳美容學
- 中醫美容保健推拿按摩學

全學期六堂，每堂二小時

### **Certificate in Chinese Medicine Cosmetology**

#### **Curriculum objectives :**

Students can acquire the basic knowledge of Chinese medicine and Chinese herbs. With the knowledge of Chinese medicine, students can integrate the knowledge in cosmetology

#### **Course outline:**

- Basic knowledge of Chinese medicine
- Concept of beauty in view of Chinese medicine
- Understand the common Chinese herbs applied in beauty
- How to use Chinese medicine to produce facial mask
- How to apply Chinese medicine in the diet for loveliness
- Understand the massage to improve the loveliness

Total : six period with two hours per period

Local students are teaching on part-time class basis, while international students are teaching via online platform for delivering teaching materials and assignment submissions.